

# PSIHOCLINIC CONSIDERATIONS AS A DETERMINANT OF QUALITY OF LIFE IN THE EMERGENCE OF ANXIETY AND DEPRESSION

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## Abstract

Beyond doubt, the quality of life circumscribes each and everyone's condition and evolution, not only as year institutional model, sanctioned by the social organization's history, but especially as a dynamic, living and dramatically transformative interactional model, in the perspective of producing, modeling and self-achievement of the human being.

The quality of life is Determined as well as by the outside - the socio-cultural environment, the satisfaction level of the material Needs (nutrition and living space, budget, comfort, cultural Possibilities and civilized existence) as by the inner (the interpersonal relationship's quality).

The general objective of our study took into Consideration the highlighting of the anxious and

depressive disorders emerged in the psychological profile of the human being as a result of the low quality of life.

The hypothesis of the study this scientific approach started that has the target of overtaking the connection between anxiety, depression and the quality of life.

The results of the study, based on the processed data from the two samples of subjects, confirmed the existence of two correlations statistically remarkable which is: the quality of life and the quality of depression vs life vs anxiety. The lower the quality of life is, the depression and anxiety has the high.

Thereby the emotional (affective) path - Love and the Harmony Between sexes and generations, knowledge, the interpersonal valorization and stimulation for the common welfare, as indicators of the intergenerational and intersexes Relationships and of course the quality of life - is as important as the material prosperity path. However the affective and transformative path is the priority.

**Keywords:** psychology, the quality of life, anxiety, depression

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